

Year	EVENT	Buy	Sell	Trading Date	Current Price SPYG	Account Value Start of Period	Bull Strike 60% of current price	Bull Strike	Premium IN	Premium OUT	No options theory	No Options Buy	Cost of Options	Cash Left	Days in Trade	<90 days to expiry	Sell
2003	START \$10K	1		31-Mar-03	9.19	\$10,000	5.51	6	3.24		30.90	30	\$9,708	\$292			
	6M Roll UP Sell		1	1-Jul-03	10.36	\$13,528				4.41				\$13,528	92		1
	6M Roll UP Buy	1		1-Jul-03	10.36	\$13,528	6.22	6	4.41		30.66	30	\$13,235	\$292	0		0
2004	6M Roll UP Sell		1	2-Jan-04	11.60	\$17,092				5.60				\$17,092	185		1
	6M Roll UP Buy	1		2-Jan-04	11.60	\$17,092	6.96	7	4.66		36.69	36	\$16,769	\$323	0		0
	6M Roll UP Sell		1	1-Jul-04	11.75	\$17,423				4.75				\$17,423	181		1
	6M Roll UP Buy	1		1-Jul-04	11.75	\$17,423	7.05	7	4.81		36.23	36	\$17,312	\$112	0		0
	Bull OUT		1	19-Jul-04	11.32	\$15,868				4.38				\$15,868	18		1
	Bull IN	1		12-Nov-04	11.93	\$15,868	7.16	7	4.99		31.80	31	\$15,468	\$400	116		0
2005	6M Roll UP Sell		1	3-Jan-05	12.01	\$16,117				5.07				\$16,117	52		1
	6M Roll UP Buy	1		3-Jan-05	12.01	\$16,117	7.21	7	5.07		31.79	31	\$15,717	\$400	0		0
	Bull OUT		1	26-Mar-05	11.49	\$14,497				4.55				\$14,497	82		1
	Bull IN	1		26-May-05	11.80	\$14,497	7.08	7	4.86		29.83	29	\$14,091	\$406	61		0
	6M Roll UP Sell			1-Jul-05	11.58	\$13,856				4.64				\$13,856	36		0
	6M Roll UP Buy			1-Jul-05	11.58	\$13,856	6.95	7	4.64		29.87	29	\$13,450	\$406	0		0
	Bull OUT		1	13-Oct-05	11.55	\$13,768				4.61				\$13,768	104		
	Bull IN	1		1-Nov-05	11.85	\$13,768	7.11	7	4.91		28.05	28	\$13,746	\$22	19		
2006	6M Roll UP Sell		1	3-Jan-06	12.53	\$15,682				5.59				\$15,682	63		1
	6M Roll UP Buy	1		3-Jan-06	12.53	\$15,682	7.52	7	5.59		28.04	28	\$15,659	\$22	0		0
	Bull OUT		1	31-May-06	12.30	\$14,862				5.30				\$14,862	148		
	Bull IN	1		25-Sep-06	12.52	\$14,862	7.51	7	5.58		26.62	26	\$14,515	\$348	117		
2007	6M Roll UP Sell		1	3-Jan-07	13.32	\$16,953				6.39				\$16,953	100		1
	6M Roll UP Buy	1		3-Jan-07	13.32	\$16,953	7.99	8	5.39		31.47	31	\$16,698	\$254	0		0
	6M Roll UP Sell		1	2-Jul-07	14.48	\$20,342				6.48				\$20,342	180		1
	6M Roll UP Buy	1		2-Jul-07	14.48	\$20,342	8.69	8	6.55		31.05	31	\$20,312	\$30	0		0
2008	EOY Roll UP Sell		1	3-Jan-08	14.50	\$20,180				6.50				\$20,180	185		1
	EOY Roll UP Buy	1		3-Jan-08	14.50	\$20,180	8.70	8	6.57		30.70	30	\$19,718	\$462	0		0
	Bull OUT		1	11-Jan-08	13.85	\$18,220				5.92				\$18,220	8		
	Bull IN	1		15-May-08	14.51	\$18,220	8.71	8	6.58		27.68	27	\$17,773	\$447	125		
	Bull OUT		1	23-Jun-08	13.90	\$16,565				5.97				\$16,565	39		
2009	Bull IN	1		3-Jun-09	10.03	\$16,565	6.02	6	4.08		40.60	40	\$16,321	\$244	345		
	6M Roll UP Sell		1	1-Jul-09	9.94	\$16,203				3.99				\$16,203	28		1

	6M Roll UP Buy	1		1-Jul-09	9.94	\$16,203	5.96	6	3.99		40.61	40	\$15,959	\$244	0		0
2010	6M Roll UP Sell		1	4-Jan-10	12.51	\$26,284				6.51				\$26,284	187		1
	6M Roll UP Buy	1		4-Jan-10	12.51	\$26,284	7.51	7	5.57		47.17	47	\$26,191	\$93	0		0
	Bull OUT		1	2-Jun-10	12.07	\$23,922				5.07				\$23,922	149		
	Bull IN	1		22-Sep-10	12.56	\$23,922	7.54	7	5.62		42.54	42	\$23,616	\$306	112		
2011	6M Roll UP Sell		1	3-Jan-11	14.35	\$31,478				7.42				\$31,478	103		1
	6M Roll UP Buy	1		3-Jan-11	14.35	\$31,478	8.61	8	6.42		49.02	49	\$31,467	\$11	0		0
	6M Roll UP Sell		1	1-Jul-11	15.22	\$35,389				7.22				\$35,389	179		1
	6M Roll UP Buy	1		1-Jul-11	15.22	\$35,389	9.13	9	6.30		56.21	56	\$35,258	\$131	0		0
	Bull OUT		1	10-Aug-11	13.16	\$23,796				4.23				\$23,796	40		
	Bull IN	1		4-Nov-11	14.68	\$23,796	8.81	9	5.75		41.36	41	\$23,589	\$207	86		
	Bull OUT		1	23-Nov-11	13.69	\$19,716				4.76				\$19,716	19		
2012	Bull IN	1		5-Jan-12	14.79	\$19,716	8.87	9	5.86		33.62	33	\$19,351	\$365	43		
	6M Roll UP Sell		1	2-Jul-12	15.94	\$23,267				6.94				\$23,267	179		1
	6M Roll UP Buy	1		2-Jul-12	15.94	\$23,267	9.56	9	7.02		33.15	33	\$23,165	\$102	0		0
	Bull OUT		1	19-Nov-12	16.15	\$23,964				7.23				\$23,964	140		
	Bull IN	1		3-Dec-12	16.44	\$23,964	9.86	10	6.52		36.74	36	\$23,480	\$484	14		
2013	6M Roll UP Sell		1	2-Jan-13	16.81	\$25,302				6.89				\$25,302	30		1
	6M Roll UP Buy	1		2-Jan-13	16.81	\$25,302	10.09	10	6.89		36.70	36	\$24,819	\$484	0		0
	6M Roll UP Sell		1	2-Jul-13	18.37	\$30,616				8.37				\$30,616	181		1
	6M Roll UP Buy	1		2-Jul-13	18.37	\$30,616	11.02	11	7.46		41.03	41	\$30,594	\$22	0		0
2014	6M Roll UP Sell		1	2-Jan-14	21.15	\$41,637				10.15				\$41,637	184		1
	6M Roll UP Buy	1		2-Jan-14	21.15	\$41,637	12.69	12	9.26		44.99	44	\$40,725	\$912	0		0
	6M Roll UP Sell		1	1-Jul-14	22.95	\$49,092				10.95				\$49,092	180		1
	6M Roll UP Buy	1		1-Jul-14	22.95	\$49,092	13.77	13	10.06		48.78	48	\$48,311	\$781	0		0
2015	6M Roll UP Sell		1	2-Jan-15	24.15	\$54,301				11.15				\$54,301	185		1
	6M Roll UP Buy	1		2-Jan-15	24.15	\$54,301	14.49	14	10.27		52.87	52	\$53,408	\$893	0		0
	6M Roll UP Sell		1	1-Jul-15	24.75	\$56,793				10.75				\$56,793	180		1
	6M Roll UP Buy	1		1-Jul-15	24.75	\$56,793	14.85	15	9.87		57.52	57	\$56,280	\$513	0		0
	Bull OUT		1	27-Aug-15	24.24	\$53,872				9.36				\$53,872	57		
	Bull IN	1		28-Oct-15	25.62	\$53,872	15.37	15	10.75		50.12	50	\$53,741	\$131	62		
2016	6M Roll UP Sell		1	4-Jan-16	24.54	\$48,445				9.66				\$48,445	68		1
	6M Roll UP Buy	1		4-Jan-16	24.54	\$48,445	14.72	14	10.66		45.43	45	\$47,982	\$462	0		0
	Bull OUT		1	11-Jan-16	23.62	\$44,284				9.74				\$44,284	7		
	Bull IN	1		28-Mar-16	24.70	\$44,284	14.82	15	9.82		45.08	45	\$44,206	\$78	77		
	6M Roll UP Sell		1	1-Jul-16	25.32	\$47,088				10.45				\$47,088	95		1

	6M Roll UP Buy	1		1-Jul-16	25.32	\$47,088	15.19	15	10.45		45.07	45	\$47,010	\$78	0		0
2017	6M Roll UP Sell		1	3-Jan-17	26.51	\$51,873				11.51				\$51,873	186		1
	6M Roll UP Buy	1		3-Jan-17	26.51	\$51,873	15.91	16	10.64		48.74	48	\$51,084	\$789	0		0
	6M Roll UP Sell		1	3-Jul-17	29.58	\$65,973				13.58				\$65,973	181		1
	6M Roll UP Buy	1		3-Jul-17	29.58	\$65,973	17.75	18	11.73		56.25	56	\$65,676	\$297	0		0
2018	6M Roll UP Sell		1	2-Jan-18	33.28	\$85,865				15.28				\$85,865	183		1
	6M Roll UP Buy	1		2-Jan-18	33.28	\$85,865	19.97	20	13.45		63.86	63	\$84,712	\$1,152	0		0
	6M Roll UP Sell		1	2-Jul-18	35.33	\$97,731				15.33				\$97,731	181		1
	6M Roll UP Buy	1		2-Jul-18	35.33	\$97,731	21.20	21	14.51		67.37	67	\$97,195	\$537	0		0
	Bull OUT		1	31-Oct-18	35.14	\$96,452				14.32				\$96,452	121		
2019	Bull IN	1		26-Feb-19	36.31	\$96,452	21.79	22	14.49		66.56	66	\$95,644	\$808	118		
	6M Roll UP Sell		1	2-Jul-19	39.07	\$114,759				17.27				\$114,759	126		1
	6M Roll UP Buy	1		2-Jul-19	39.07	\$114,759	23.44	23	16.27		70.55	70	\$113,857	\$902	0		0
2020	6M Roll UP Sell		1	2-Jan-20	42.50	\$137,402				19.50				\$137,402	184		1
	6M Roll UP Buy	1		2-Jan-20	42.50	\$137,402	25.50	25	17.71		77.57	77	\$136,386	\$1,015	0		0
	Bull OUT		1	13-Mar-20	37.14	\$95,923				12.33				\$95,923	71		
	Bull IN	1		7-May-20	41.08	\$95,923	24.65	24	17.29		55.49	55	\$95,070	\$854	55		
	6M Roll UP Sell		1	1-Jul-20	45.46	\$120,134				21.69				\$120,134	55		1
	6M Roll UP Buy	1		1-Jul-20	45.46	\$120,134	27.28	27	18.69		64.29	64	\$119,599	\$535	0		0
2021	6M Roll UP Sell		1	4-Jan-21	54.50	\$176,535				27.50				\$176,535	187		1
	6M Roll UP Buy	1		4-Jan-21	54.50	\$176,535	32.70	32	22.77		77.52	77	\$175,348	\$1,187	0		0
	6M Roll UP Sell		1	1-Jul-21	63.23	\$241,658				31.23				\$241,658	178		1
	6M Roll UP Buy	1		1-Jul-21	63.23	\$241,658	37.94	38	25.55		94.60	94	\$240,134	\$1,524	0		0
EOT	EOY Roll UP Sell		1	31-Dec-21	72.47	\$325,542	43.48		72.83	34.47				\$325,542	183		1
	6M Roll UP Buy	1		31-Dec-21	72.47	\$325,542	43.48	32	40.83		79.73	79	\$322,576	\$2,966	0		0
	6M Roll UP Sell		1	16-Feb-22	65.23	\$265,483				33.23				\$265,483	47		1
	6M Roll UP Buy	1		30-Mar-22	68.01	\$265,483	40.81	32	36.35		73.04	73	\$265,355	\$128	42		0
	6M Roll UP Sell		1	13-Apr-22	63.52	\$230,224				31.52				\$230,224	14		1
	6M Roll UP Buy	1		17-Aug-22	61.36	\$230,224	36.82	32	29.67		77.60	77	\$228,434	\$1,790	126		0
	6M Roll UP Sell		1	25-Aug-22	59.82	\$216,004				27.82				\$216,004	8		1

No further trades to date (Feb 2023)